



MEDICAL HISTORY FORM

Last Name: _____ First Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Telephone: Home: _____ Work: _____ Cell: _____
Date of Birth: _____ Sex: Female ____ Male ____
Family Doctor: _____ Phone: _____
Pharmacy: _____ Phone: _____
Emergency Contact: _____ Phone: _____

Which body area/areas or condition would you like treated? _____

Please answer all of the following questions

YES NO

1. Do you have **ANY** current or chronic medical illnesses?
Disclose any history of heat urticaria, diabetes, autoimmune disorders or any immunosuppression, blood disorders, cancer, bacterial or viral infections, medical conditions that significantly compromise the healing response, skin photosensitivity disorders, or any other condition or illness.
Please List: _____

2. Do you have **ANY** current or chronic skin conditions?
Also disclose any history of vitiligo, eczema, melasma, psoriasis, allergic dermatitis, any diseases affecting collagen including Ehlers-Danlos syndrome, scleroderma, skin cancer, or any other skin condition.
Please List: _____

3. Are you currently under a doctor's care? If so, for what reason?

4. Do you take/use **ANY** medications (prescriptions and nonprescriptions), vitamins, herbal or natural supplements, on a regular or daily basis?
Please List: _____

5. Are there any topical products (both medical and non-medical) that you use on your skin on a regular or daily basis?
Please List: _____



INFORMED CONSENT FORM

The SculpSure® delivers laser energy to heat the deep layer of fat. The heat that is created damages the fat cells. The damaged fat cells are then eliminated by the body through your lymphatic system.

During the laser delivery the applicators cool the skin throughout the entire treatment. The cooling protects your skin while the energy heats your fat layer. When the treatment begins, it will feel warm, and over time the heat sensation will increase to short periods of intense deep heat. You may also experience some cramping, tingling, prickling or squeezing sensations deep in the fat layer. These sensations are normal and expected. These sensations indicate that the laser is effectively targeting and damaging the fat layer.

- The SculpSure is eye safe. There is no need to wear protective eyewear.
- Your skin may be slightly pink to red immediately after treatment. This may last for a few hours.
- Following the SculpSure treatment you may experience swelling and tenderness that typically lasts for approximately 2 weeks, but may last longer. You may also experience tissue firmness or nodules. Nodules can last for days to several months, depending on the size of the nodule. This side effect will resolve on its own.
- The treated areas should be massaged two (2) times a day for five to ten (5-10) minutes. There are no lifestyle restrictions following your SculpSure treatment. It is recommended to increase your water intake after treatment.
- You may use ice packs or Tylenol according to package instructions to help ease tenderness.
- I have been thoroughly and completely advised regarding the end point of the procedure. I understand that the practice of medicine is not an exact science and no results have been guaranteed. I acknowledge that the results may not meet my expectations. I certify that no guarantees have been made by anyone regarding the procedure(s) that I have requested and authorized.
- There is no guarantee that the expected or anticipated results will be achieved.

I have been informed that firmness, hardness, nodules, redness, tenderness, swelling, pain, and bruising, are the most common side effects. Other less common side effects which can occur are itching, skin contour irregularities, dimpling, hyperpigmentation/hypopigmentation, asymmetry, necrosis, changes in skin laxity, numbness, blister or burn. Rare occurrences of fainting or dizziness have been noted during and/or after the treatment. Yes No

I confirm that I have not had sun exposure within the last 7 days. Yes No

I consent to photographs and digital images being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications or sales purposes. No photographs or digital images revealing my identity will be used without my written consent. If my identity is not revealed, these photographs and digital images may be used, shared, and displayed publicly for such stated purposes without my permission. Yes No

Before and after treatment instructions have been discussed with me. The procedure, potential benefits and risks, and alternative treatment options have been explained to my satisfaction. Yes No

I have read and understand all information presented to me before consenting to treatment. I have had all my questions answered.

Consent for treatment of _____

Client: _____ Date _____

Witness: _____ Date _____



SculpSure Frequently Asked Questions

What is SculpSure?

SculpSure is a non-invasive body contouring system for the reduction of stubborn fat in areas such as the abdomen and love handles. The 25 minute procedure destroys up to 24%¹ of treated fat cells without surgery.

Is SculpSure right for me?

SculpSure is ideal for people with trouble spots, particularly those that seem resistant to diet and exercise.

How many treatments will I need?

Most patients see results with as little as one treatment. However, some patients may wish to have additional treatments based on desired results. Ask your treatment provider about the best treatment plan for you.

What should I expect during the treatment?

Most patients feel a tingling sensation intermittently throughout the treatment which is generally well-tolerated.²

When will I see results?

Many patients start to see results as early as 6 weeks following treatment as the body begins to evacuate the destroyed fat cells, with optimal results usually seen at 12 weeks.

How long will results last?

Treated fat cells are permanently destroyed during the treatment and will not regenerate.

How long before I can resume normal activities?

There is no downtime with SculpSure, so you can have the treatment during your lunch hour and return to work immediately.

What is the different between fat loss and weight loss?

The number of fat cells stored in our bodies typically remain constant throughout adult life. After the SculpSure treatment, the destroyed fat cells will never return. However, as we lose weight, the size of fat cells become smaller, but typically do not decrease in number. Even with diet and exercise, many people have difficulty losing weight in these trouble areas.



PRE-TREATMENT / POST-TREATMENT INSTRUCTIONS

SculpSure® Pre-treatment instructions:

- Avoid direct sun exposure to the treatment area 7 days before the treatment.
- Shower or bath the day of treatment to prepare your skin for your SculpSure treatment. Your skin must be free of all lotions, creams and body oils.
- It's a good idea to eat a small meal and drink a glass or two of water before your SculpSure treatment.
- If you have very thick hair in the treatment area please trim or shave the areas at home before your SculpSure appointment.
- Be sure to discuss your medical history and medications you take with your treatment provider.
- Avoid ibuprofen or blood thinning medication for at least 5-7 days prior to treatment or consult primary care physician if medically prescribed medication.

SculpSure post-treatment instructions:

- You may experience mildly pink or red skin, tenderness or discomfort, swelling, tissue firmness or nodules in the treated areas. These are all expected side effects which usually resolve without medical intervention.
- Tenderness may occur as early as the day of treatment and can last two weeks or even longer.
- If needed, use a cold compress and/or acetaminophen to help relieve tenderness.
- Gently massage the area twice a day for 5-10 minutes. Massage should be continued until your next treatment or for 12 weeks if you have only one treatment.
- You may resume your normal daily activities, including exercise, immediately after your SculpSure treatment.
- Staying well hydrated and engaging in light physical activity helps mobilize the disrupted fat for processing through the lymphatic system. We encourage you to drink at least 6-8 glasses of water a day and take a daily walk or continue your regular exercise routine.
- Contact your physician if you have any concerns about your treatment areas such as increasing tenderness or swelling several days after your treatment, or if you develop blisters, hardened areas or nodules.
- Avoid ibuprofen or blood thinning medications for at least 30 days after treatment but consult primary physician if medically prescribed medication.